

SCOIL CHRÍOST RÍ

PRESENTATION
SECONDARY SCHOOL,
BORRIS ROAD, PORTLAOISE,
CO. LAOIS.
R32 TK70

Tel: (057) 8668002
Fax: (057) 8668045
Email: office@scrpl.ie

CEIST

Catholic Education
An Irish Schools Trust

Principal:
Ms. Helen O'Donnell

Deputy Principals:
Mr. Bill Coolahan
Ms. Anne Dollard
Ms. June O'Brien

AMAZING BRAINS STUDY SKILLS SEMINAR

29th September 2020

Dear Parent/Guardian,

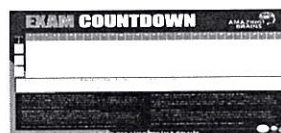
As your daughter settles into 1st year, we have organised a Study Skills seminar for the year group. The **Blast Off** seminar is being delivered by Amazing Brains who have worked with over 350,000 students, parents and teachers throughout Ireland.

The programme helps the students gain confidence and relax about the new academic challenges that face them in 'big school'. Students are introduced to the whole concept of learning and how it links to their brain and memory. Areas covered are as follows:

- **Growth v Fixed Mindsets**
- **Time Management**
- **Memory Techniques**
- **Organisation**
- **Effective Homework Habits**
- **Exam Planning and Revision Skills**

We plan to hold the workshop on Tuesday, October 6th and we are asking for a contribution of €7 from each parent. We would appreciate if this payment could be made online via the **Parents VSware** under **1st Year Amazing Brains Study Skills Seminar** on www.scoilchristriportlaoise.ie by Friday, October 2nd. Additionally, on the day, all students must bring their own pencil case with a pencil, eraser, pen, highlighter and ruler.

***All students will receive a Learning Resource Guide with follow-up activities and an A3 Exam Countdown Planner.**



We very much appreciate your support on this and assure you that we will continue to provide the very best opportunities for your daughter.

Yours sincerely,
Carleen Egan
MS C. Egan (Guidance Counsellor)