



SCOIL CHRÍOST RÍ

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CEIST

Catholic Education
An Irish Schools Trust 

AMAZING BRAINS STUDY SKILLS SEMINAR

12th October 2020

Dear Parent/Guardian,

As your daughter settles into 5th year and Senior Cycle, we have organised a Study Skills seminar for the year group. The **Mastermind** seminar is being delivered by Amazing Brains who have worked with over 350,000 students, parents and teachers throughout Ireland.

The Mastermind programme will help your daughter to:

- Self-assess and reflect on previous performance so that she can build on success and address short comings;
- Examine ability beliefs and how they affect both motivation and performance;
- Develop a personalised approach to study informed by the latest research from cognitive science;
- Investigate a range of time management tools and agree on which works best within her context.

We plan to hold the workshop on Tuesday, October 20th and we are asking for a contribution of €7 for each student. We would appreciate if this payment could be made online via the **Parents V\$ware** under **5th Year Amazing Brains Study Skills Seminar** on www.scoilchristriportlaoise.ie by Friday, October 17th.

On the day, all students must bring their own pencil case with a pencil, eraser, pen, highlighter and ruler. **All students will receive a Learning Resource Guide with follow-up activities and an A3 Exam Countdown Planner.**

We very much appreciate your support on this and assure you that we will continue to provide the very best opportunities for your daughter.

Yours sincerely,

Carleen Egan

MS C. Egan (Guidance Counsellor)

Principal:
Ms. Helen O'Donnell

Deputy Principals:
Mr. Bill Coolahan
Ms. Anne Dollard
Ms. June O'Brien